

1 Find and correct one mistake in each sentence. Sometimes more than one answer is possible.

**Too much
of anything
is good for
nothing**



- 1 If a menu/café has too much options, I always end up choosing the same thing.
- 2 I'd much rather have a few real friends than a great deal of Facebook friends.
- 3 I think I may need a 'digital detox'. I check email and Twitter the whole of time.
- 4 There are too many international brands. All looks the same now in cities across the world.
- 5 Most the young people I know spend half their life looking at a screen.
- 6 I download masses of apps, songs, and movies, but then I use hardly many of them.
- 7 I think it's sad that families spend much fewer quality time together nowadays.
- 8 It's better to buy clothes that will last, rather than mass of cheap stuff from the high street.
- 9 Rich countries shouldn't throw away so much food when others have very few to eat.
- 10 Most supermarkets have far too many choice. Nobody needs 30 different types of shampoo, yoghurt, or tuna.
- 11 I avoid online shopping. It just gets you to spend a huge number of money on things you don't need.
- 12 With so many ways of keeping in touch, people spend a little time actually communicating.

- 2 Choose six statements that you agree with or that you think are true for you.
- 3 Work in groups of three. Discuss the statements you chose in exercise 2.
- 4 Tell the class about the statements you all agreed with in your group.