

Project report «EKTU. Otbasy – territory of well-being » for October 2022

Project goal: Creation of a favorable environment for the comprehensive development of members of EKTU. Otbasy.
 Implementation of a “person-centered” corporate culture: balance of emotional, intellectual, physical and creative states;
 programs for supporting and promotion mass sports and health, creating a comfortable environment, promoting a culture of
 conscious (environmentally friendly) consumption.

| | Activity | Result | Deadline | Responsible persons |
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| | Task 1. Application of Well-Being practices in the university community and society (5 elements of well-being - physical, emotional, professional, financial and social) | | | |
| | Podcast - physical and emotional well-being | | | |
| | Physical well-being | | | |
| 1 | Activity 1. Encouraging healthy lifestyle | <p>Autumn team building: The university administration, professors and young scientists organized a team building on the banks of the Irtysh River. The participants were engaged in physical education, played various games and had lunch outdoors. Team building organized as part of the project «EKTU. Otbasy». According to the results of team games, the 1st place was taken by “Pantry of the Sun”, 2nd place by “Velvet Season”, 3rd place by “Autumn Palette”, “Fruit and Berry Bouquet” took 4th place, and “Golden Sail” - 5th place . At the end of the team building, the participants who distinguished themselves in various games and competitions were awarded individual diplomas and certificates. https://youtube.com/watch?v=7Ca8_UE87ZU&feature=share&si=EMSIkaIECMiOmarE6JChQQ https://m.facebook.com/story.php?story_fbid=pfbid02UfKdbGYthYWy2DsNxPYyZ6E173JKvXasAQReckavGmyudDA1TUXiknryLwdz31dPI&id=100046607780926&sfnsn=mo https://m.facebook.com/story.php?story_fbid=pfbid0yQxtXsjKDDvm</p> | 8.10.2022 | Sarsembayeva A.A. |

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| | | kpJRfrniMdkGkG8qbydjjZ5BaehNH8NhFcTJuXg5xZeDWSEVgAVpl&id=100049083787002 https://m.facebook.com/story.php?story_fbid=pfbid028qZVUEBKhkDarDyeoqVQ6LKNSfEk82CnTHh3iRpCFvCnwBXcFnfAhQQxNtLH4LXA1&id=100049083787002&sfnsn=mo https://www.facebook.com/100046607780926/posts/pfbid02y46zwwgCTdYBQdjUue8NxBceMLQY6cUBV2VMGPPMcWyeZxkCyJCD2tAX649Hv99Cl/?sfnsn=mo | | |
| 2 | Activity2. Development of mass sports | Physical fitness for students and employees https://www.facebook.com/100041146989377/posts/pfbid024etykNSJYQnnigJ3d6Vjo49Uj6QbhLkdAoBrUnpCh7SkjmfAKv4ewCVgyYUjzqTFI/?sfnsn=mo https://www.facebook.com/100041146989377/posts/pfbid0wXDYx8evq7QLKJbdrMPoK99LW5utmijMWnvPoAtSKTFiWvANKfayyL711RRr3fBl/?sfnsn=mo https://www.facebook.com/100046607780926/posts/pfbid02TJvNvLZXe1DioeSF7YPrDb7qvVSA2KhaD2H3Fypeyb7WyWw5PGXPjShs66YsH3pol/?sfnsn=mo | 26.10.2022 | B. Daumov Physical culture and sport center |
| | | Games of the Student League in mini-foorball at the new sports ground https://m.facebook.com/story.php?story_fbid=pfbid0i9vUEot2pyDT5AY4JDMsf6AbzgZNhTfef1aBfR93pNKxfzwTNKxgeNwmUKf4WWeTl&id=100046607780926&sfnsn=mo Link for a mini-football video https://www.facebook.com/100041146989377/posts/pfbid034DZdpUqS8LvHtPHcFkTF18NtUtj9q2QM2okexjmknjNjxrJU2t2itBR5sQa6fHVVI/?sfnsn=mo | 3.-10.10.2022 | B. Daumov Physical culture and sport center |
| Podcast - Favorable environment and conscious consumption | | | | |

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| 3 | Activity 4. Creating an ergonomic working environment | <p>Ploggers of EKTU At the initiative of the youth in Kazakhstan, the EcoStudentKZ project was launched, which takes place in the format of eco-plogging. The goal of the project is to form environmental awareness among the younger generation, a commitment to a healthy lifestyle and, of course, an example of the fact that you can combine taking care of your own health and also taking care of nature. D. Serikbayev EKTU actively supports and promotes environmental initiatives in the region .</p> <p>https://m.facebook.com/story.php?story_fbid=634817328081854&id=100046607780926</p> | 6.10.2022 | Petrova O.A. |
| <p>Higher IT College - Volunteer club «Nurly zhurek» Subbotnik on the territory of the university, students of the group 21ST2, together with their tutor Kazbekova A. https://www.facebook.com/100015015316313/posts/pfbid0289V6LCb3PHk9yzY1XUWnJdN24D2GyHtrc6SWXMUuQAknUofSbLEBhRyZLiDS9Utl/?sfnsn=mo</p> | | 11.10.2022 | Kazbekova A. | |
| <p>Eco club "Eco House" spent a day off in the Ethno Park of our city. Students of group 21-SSK-1 participated. The activists of our group were engaged in feeding animals, studying the animal world and discussing the problems of zoos. Link: https://www.instagram.com/reel/CkX0eMVM-hR/?igshid=MDJmNzVkMjY=</p> | | 29.10.2022 | Kaioldina A.K. | |
| <p>A Telegram bot has been launched at EKTU for the convenience of our employees, students and guests. The employees of the IT Competence Center, together with the students, developed and launched a telegram bot, which can now be useful to everyone who is in the university. I am attaching a link to our assistant https://t.me/EKTUStudentBot.</p> | | October 2022 | Zuyev V.N. | |

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| | | https://www.facebook.com/100017682451910/posts/pfbid0MVFAC9TePZJdeZGsCuo4BvFhqXA6RMb2YYFqDmRJmrZUVsMTuN9rsNoAypSeoXYtl/?sfnsn=mo | | |
| Podcast – Financial well-being | | | | |
| 4 | Activity 5. Financial well-being Developing Entrepreneurial Skills | <p>BASICS OF ENTREPRENEURSHIP In EKTU, the courses of the school of a young entrepreneur continue at the ANGAR site. Today's training is dedicated to the topics : “The tax policy of the state in relation to SMEs”- you will learn about the requirements of the Code of the Republic of Kazakhstan “On taxes and other obligatory payments to the budget” for starting and running a business, about taxation regimes and tax reporting forms. Speaker - Chief Specialist of the Office of Explanatory Work of the State Revenue Department for East Kazakhstan Region Gulmira Kamilievna Sabralimova "Banking services for small and medium-sized businesses"- you will learn about the main banking products for the competent organization and development of business, mobile and Internet banking, lending programs and other banking products for SMEs. Speaker - Deputy Director of the East Kazakhstan regional branch of Otbasy Bank JSC Raushan Ramazanovna Azhbenova Young entrepreneurship courses are held every Thursday from 16.30 at the address: Serikbaeva Street, 19, first floor, G-1-101 (hall of the academic council). https://www.facebook.com/100046607780926/posts/pfbid02pHCEeggejCE1aBKkXmrRHaeE6n5CaSCALZHNAU1gsNHTZNCUyvAfDb1pYQ5gsasAl/?sfnsn=mo</p> | 27.10.2022 | Zakimova A. M. |
| Podcast – Social well-being and Social responsibility | | | | |
| Social well-being | | | | |
| 5 | Activity 5. Charity Event | <p>BLOOD DONOR DAYS at EKTU Blood Donor Days ended at EKTU. Our students and staff showed their civil position with pleasure by donating 35 liters of blood! Over</p> | October 2022 | Zhanabayeva G.N. |

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| | | 2 days, more than 100 people came to donate, and 77 people in total donated. https://www.facebook.com/100046607780926/posts/pfbid0r2sRWbEzUXP8oVZ6GVadpsy17ykgCHM4NiPMAMXYwyw7xUDcGPu8UZ2xzZ2cHuoZl/?sfnsn=mo | | |
| 6 | Information support of the project | Participation in the second stage - online interview with experts competition to improve project management «QAZAQSTAN PROJECT MANAGEMENT AWARDS-2022» in the nomination "The best project of the year" Join to the Zoom Conference by the link: https://us04web.zoom.us/j/3064031958?pwd=RVZ6NHRpU1Fudy9ta1I3ZmE3STRpdz09 | 27.10.2022 | Sarsembayeva A.A. |

Project Manager

A. Sarsembayeva