

Report on the project "EKTU. Otbasy is the territory of Well-being" for January 2022

The aim of the project is to create a favorable environment for the comprehensive development of the EKTU's members. Otbasy. The implementation of a "human-centered" corporate culture: a balance of emotional, intellectual, physical and creative states; programs to support and promote mass sports and health, the formation of a comfortable environment, encouraging a culture of conscious (eco-friendly) consumption.

	Activity	Outcome	Time frame	Person in charge
1	Development of the project concept and Roadmap	<ol style="list-style-type: none"> 1. Approval of the concept and Roadmap of the project 2. Order to initiate the project and create a working group 3. Development of the project logo 	January 2022	Rakhmetullina S.Zh. Sarsembaeva A.A.
Task 1. Replication of Well-Being practices in the University community and society (5 elements of well-being: physical, emotional, professional, financial, and social) Podcast: Physical and Emotional Well-being				
2	Event 1. Monitoring of physical and emotional health among employees and students	1. Development of checklists "Creating a safe and comfortable environment in the field of health and sports", and "Creating a safe environment for psychological health, and improving the quality of life"	20.12.2021- 23.12.2021	Akhaev A.V. Sarsembaeva A.A.
		2. Development of an electronic questionnaire by link https://docs.google.com/forms/d/e/1FAIpQLSfHwLPXH1EpQu42MCMxwPHwczSj0xrROnCSsUZr1NSimQp1pg/viewform	25.12.2021- 31.01.2022	Zuev V.N.
		3. Processing of the received data, preparation of an analytical reference	01.02.2022- 08.02.2022	Akhaev A.V. Sarsembaeva A.A.
		4. Preparation for the publication of an analytical article	08.02.2022- 15.02.2022	Akhaev A.V. Daumov B.A. Sarsembaeva A.A.
Task 1. Creating an ergonomic working environment and broadcasting practices of transforming university spaces for new learning technologies, modern demands of young people, and meeting the concept of a "green campus" Podcast: A favorable environment and conscious consumption				
3	Event 2. Creation	2.1 Monitoring of welfare zones in the main building of D.Serikbayev EKTU. Development of well-being zones' map:	15.01.2022	Rakhmetullina S.Zh. Sarsembaeva A.A.

	of welfare zones – students' zones	a map of infrastructure facilities (15 zones of well-being), Roadmap for the design and reconstruction of zones		
		2.2 Design development of 15 zones of well-being with different functional directions: photo collages	15.01.2022-05.02.2022	Vainberger A.O. Sudakov I.V. Iliasov E.
		2.3 Design of zone 1. Zone 1. "Students' zone" Purpose: waiting, communication, work on laptops, coworking in small groups in the hall G-1. 1st floor	5.01.2022-31.01.2022	Infrastructure Development Department
4	Event 3. Creating a safe environment for academic work	3.1 Designing cabinets for students (2 types of cabinets)		Vainberger A.O.
		3.2 Production of trial versions for mass production (order for the production of 100 cabinets)	January 2022	Infrastructure Development Department
		3.3 Developing the design of sets for auditoriums: Set No. 1 (for a small auditorium with 1 window); Set No. 2 (for an auditorium with 2 windows) – practical classes, seminars); Set No. 3 (auditorium with 3 windows)	January 2022	Sudakov I.V.
		3.4 Making a trial version of set No. 1	January 2022	Infrastructure Development Department
	Information support of the project	Project website development https://www.ektu.kz/projects/links/ektuotbasy.aspx	January 2022	Sarsembaeva A.A.

Project manager

A. Sarsembaeva