



D. Serikbayev

**EAST
KAZAKHSTAN
TECHNICAL
UNIVERSITY**

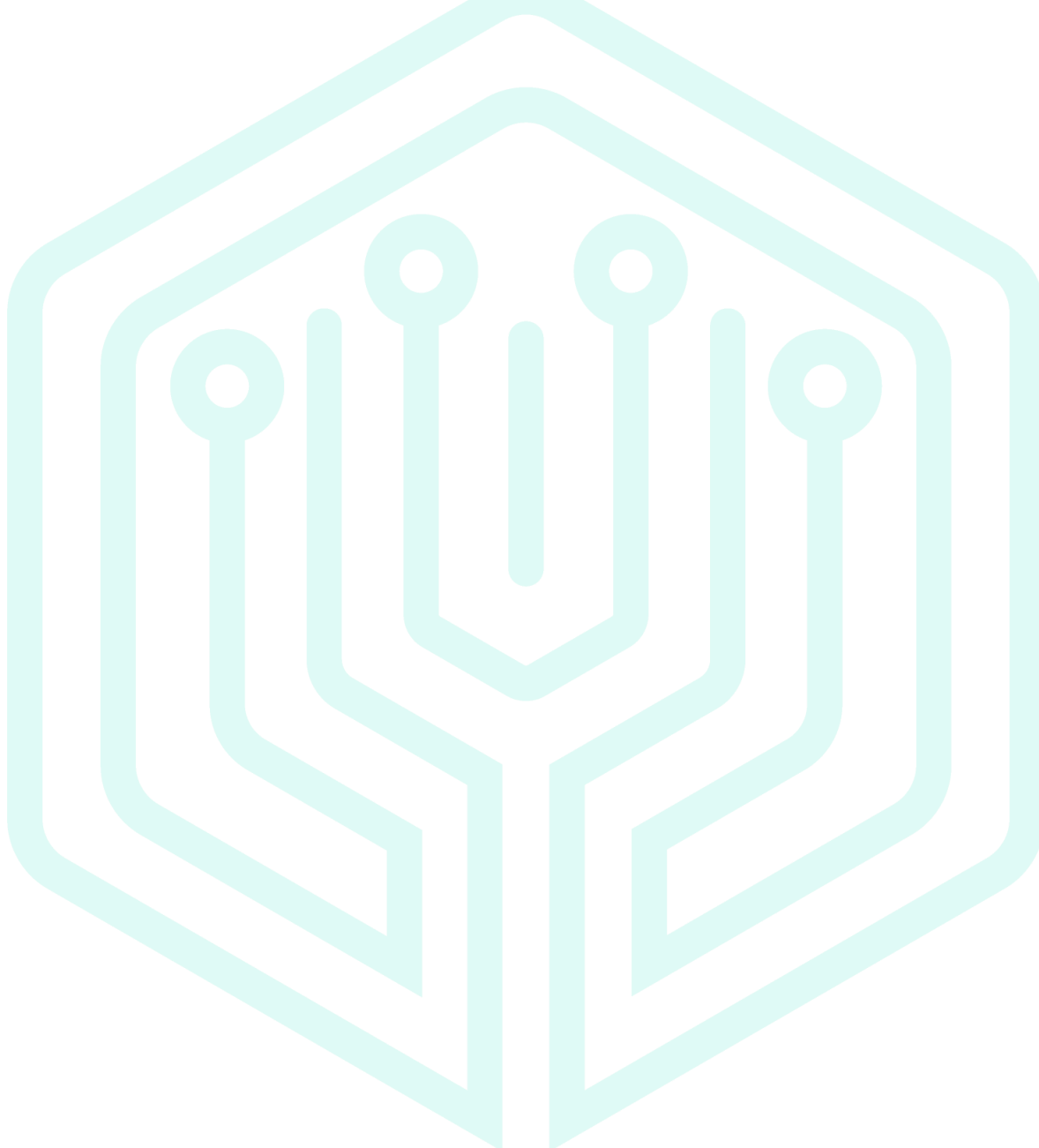
Policy

of the NJSC «D. Serikbayev EKTU»
against smoking



CONTENT

1 GENERAL PROVISIONS	3
1.1 The purpose of the anti-smoking policy	3
2 APPROACHES AND OBJECTIVES OF ANTI-SMOKING POLICY	3
3 PRIORITIES OF ANTI-SMOKING POLICY	3
4 MECHANISMS FOR IMPLEMENTING ANTI-SMOKING POLICIES	4



1. GENERAL PROVISIONS

As a responsible educational institution, EKTU supports and implements in its activities key aspects of the social development of its community. One of the important indicators in this area is the maintenance and implementation of international, national indicators and standards for ensuring the social and physical well-being of all participants in the educational process at the university. In particular, the Sustainable Development Goals of the United Nations Development Program. As part of the implementation of SDG No. 3 "Good health and well-being", tobacco control is one of the indicators in achieving this goal.

1.1 The purpose of the anti-smoking policy

The anti-smoking policy at EKTU is aimed at the implementation and implementation of a healthy lifestyle of the entire university community, creating a favorable healthy environment free from harmful emissions of tobacco products.

2. APPROACHES AND OBJECTIVES OF ANTI-SMOKING POLICY

The anti-smoking policy provides for:

- 1) full implementation of Article 159, paragraph 5.12 of the Code of the Republic of Kazakhstan on Public Health and the Healthcare System in the university's activities;
- 2) creation of conditions for students and university staff to engage in sports and physical education;
- 3) encouraging and forming motivational attitudes towards quitting smoking among members of the university community;
- 4) developing the university's infrastructure to create an ecosystem free from harmful emissions from tobacco smoking.

3. PRIORITIES OF ANTI-SMOKING POLICY

- 1) The introduction of a complete ban on smoking, including the use of vapes and single-use cigarettes in academic buildings, university dormitories, venues for mass events in outdoor and outdoor areas of the university.
- 2) Visualization of the university space (classrooms, recreation areas, halls, catering facilities, library halls, etc.) with signs about the prohibition of smoking.
- 3) Increasing the promotion of a healthy lifestyle and physical activity among students and university staff.
- 4) Increasing the level of social responsibility for the preservation of the own health of all members of the university community.

4. MECHANISMS FOR IMPLEMENTING ANTI-SMOKING POLICIES

1) Organize and conduct systematic preventive work among employees and students regarding the harmful effects of tobacco use, including vapes and disposable cigarettes. Involve medical staff and specialists in this field.

2) Conduct interactive smoking prevention campaigns, such as international and national competitions like "Quit Smoking and Win," as well as events like World No Tobacco Day and International No Smoking Day.

3) Conducting regular raids to prohibit smoking in educational buildings, student dormitories, and public places.

4) Organizing sports events that promote a healthy lifestyle and physical activity among students and university staff, such as family relays, fun runs, and themed races;

5) Monitoring tobacco consumption trends among the EKTU community through surveys.

6) Holding creative competitions to create materials (videos, flyers, stickers, posters, etc.) that raise awareness among university students about the harmful effects of smoking and tobacco products.

